

SOLARIS HEALTH SYSTEM

Employee Health Services

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Muhlenberg Regional Medical Center · Park Avenue & Randolph Road · Plainfield NJ 07061 · 908 226-2126
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Dear Doctor,

Please be advised, the client you are now performing a physical exam on is preparing to enter the Muhlenberg Regional Medical Center, Harold B. and Dorothy A. Snyder Schools as a student. Prior to performing this physical, please take a minute to review the physical requirement of the program the student has chosen.

The following information is being provided as required by the Federal government, Section 504 of the Rehabilitation Act of 1973.

Applicants to the Schools must be able to perform specific skills in order to care for patients safely and perform all the procedures that would be required of a graduate in the work force.

The Muhlenberg Regional Medical Center, Harold B. and Dorothy A. Snyder Schools have accepted certain standards for applicants to the program. On the back and front of this letter are standards designated for each individual program. When clearing this student please consult this sheet and take these physical activities into consideration.

Correctible devices are allowed to meet the minimum requirements or standards.

Thank you,

In accordance with Americans with Disabilities Act (ADA) 1973

Applicants to the **School of Radiography** must be willing and able to do the following.

Corrective devices are permitted to meet the minimum requirements.

1. Communicate in English in order to converse and instruct patients, to relieve anxiety and gain their cooperation during procedures.
2. Hear a patient talk in a normal tone from a distance of 20 feet.
3. Observe the patient in order to assess his condition and/or needs from a distance of at least 20 feet.
4. Read a patient's medical chart and/or physician's orders.
5. Evaluate radiographs using a view box to make certain that the films contain proper identification and are of diagnostic value.
6. Render services and/or assistance to all patients depending on the individual patients needs and abilities when moving turning, getting on and off the radiographic table or stretcher and when moving in and out of a wheelchair.
7. Push, pull and lift 40 pounds.
8. Push and manipulate a portable X-Ray machine in turning corners, maneuvering on and off elevators and within a patient's room.
9. Manually move and maneuver the X-Ray tube at standard and non standard heights up to 7 feet.
10. Draw up sterile contrast media and other solutions without contaminating the syringe, needle and/or injecting device.
11. Select the exposure factors necessary to produce a radiograph by manipulating dials, buttons, and switches.
12. Place X-Ray cassettes in Bucky trays and spot film devices and properly manipulate all locking devices.
13. Physically be able to administer emergency care including CPR.
14. Physically be able to stand for periods as long as 2 hours while wearing lead aprons and to walk a distance of 2 miles during a normal work day.

In accordance with Americans with Disabilities Act (ADA) 1973

Applicants to the **School of Nursing** must be willing and able to do the following.

Corrective devices are allowed to meet the minimum requirements.

1. Communicate clearly and succinctly in English to the patient, family and other support staff, both verbally and in writing.
2. Hear a patient talk in a normal tone from a distance of 20 feet
3. Visually observe the patient in order to assess the patient's condition and/or needs from a distance of at least 20 feet.
4. Read all written medical information pertaining to the patient.
 5. Assess all readings and functions of technical equipment pertaining to patient care.
6. Render services and/or assistance to all patients depending on the individual patient's needs and abilities in moving, turning and lifting.
7. Be able to push, pull and lift 40 pounds.
8. Manipulate a stretcher, wheelchair and/or portable equipment within the medical facility without injury to self, patient or others.
9. Draw up sterile solutions without contaminating the syringe and/or needles, etc.
10. Manipulate dials, buttons and switches.
11. Physically be able to administer emergency care including performing CPR.
12. Be able to stand for periods as long as 2 hours and walk a distance of 2 miles during a normal work day.

In accordance with Americans with Disabilities Act (ADA) 1973

Applicants to the **School of Radiation Therapy** must be willing and able to do the following.

Corrective devices are permitted to meet the minimum requirements.

1. Communicate in English in order to converse with and instruct patients; to relieve their anxiety and to gain their cooperation and confidence during the treatment process.
2. Routinely lift 20-45 pounds over your head (blocks, treatment cones, and other treatment devices).
3. Work standing on your feet more than 80% of daily responsibilities.
4. Push and pull, bend and stoop, kneel or squat, routinely.
5. Push standard wheelchairs or stretchers and assist in transferring patients onto and off treatment tables.
6. Visually align patients, equipment and film while working in dim lighting.
7. Distinguish colors on a computer screen and patient markings.
8. Monitor patients during treatment visually and via audio monitors.
9. Hear and identify various equipment and background sounds during equipment operations.
10. Input patient treatment data into treatment consoles and computers using keyboards.
11. Communicate effectively, orally and writing with patients and staff members.
12. Read and apply patient set-up instructions as stated in treatment charts.
13. Physically be able to administer emergency care including CPR.
14. Work with immunosuppressed patients and patients who may have a communicable disease.
15. Fabricate patient shielding blocks, which may contain heavy metals and produce vapors that may cause skin rash or respiratory irritation in hypersensitive individuals.

In accordance with Americans with Disabilities Act (ADA) 1973

Applicants to the **School of Nuclear Medicine** must be willing and able to do the following.

Corrective devices are permitted to meet the minimum requirements.

1. Communicate in English in order to converse and instruct patients, to relieve anxiety and gain their cooperation during procedures.
2. Hear a patient speak in a normal tone from a distance of 15 feet.
3. Observe the patient in order to assess his condition and/or needs from a distance of at least 15 feet.
4. Read a patient's medical chart and/or physician's orders.
5. Evaluate nuclear medicine images using a view box or computer terminal.
6. Render services and/or assistance to all patients depending upon the individual needs and abilities when moving, turning, and getting on and off imaging table or stretcher, and when moving in and out of a wheelchair.
7. Push, pull and lift 40 pounds.
8. Push and manipulate a portable nuclear medicine camera in turning corners, maneuvering on and off elevators, and within a patient's room.
9. Manually move and maneuver the nuclear medicine camera head at heights of up to 5 feet.
10. Manipulate syringes and vial that are shielded in lead without spilling or dripping contents and without contaminating needle.
11. Use dials buttons, switches, and keyboards to maneuver camera head and prepare instruments for nuclear medicine studies.
12. Place film cassettes in imaging units, load and unload film.
13. Physically be able to administer emergency care such as CPR.
14. Physically be able to stand for periods as long as 2 hours and to walk a distance of 2 miles during a normal work day.
15. Tolerate the site of blood, sores, and wounds.

In accordance with Americans with Disabilities Act (ADA) 1973

Applicants to the **Diagnostic Medical Sonography** must be willing and able to do the following.

Corrective devices are allowed to meet the minimum requirements.

1. Communicate in English in order to converse and instruct patients, to relieve anxiety and gain their cooperation during procedures.
2. Hear a patient talk in a normal tone from a distance of 20 feet.
3. Observe the patient in order to assess his condition and/or needs from a distance of at least 20 feet.
4. Read a patient's medical chart and/or physician's orders.
5. Transport, move lift and transfer patients from a wheelchair or cart to/from a sonography table or patient bed.
6. Move and manipulate a variety of sonographic equipment including physical transport of mobile sonographic machines.
7. Physically be able to administer emergency care including CPR if necessary.